

[BRINE RECIPE FOR CHICKEN](#)



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Just a simple chicken brine to help make the meat just a little more tender and juicy. This recipe was made for roughly a 6 pound whole chicken This simple chicken brine will help make the meat more tender and juicy. Read more details and learn how to make it in just few steps! Allrecipes is the No.1 place for recipes, cooking tips, and how-to food videos--all rated and reviewed by home cooks.

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Basic Brine For Juicy Tender Chicken Or Turkey Recipe

I never make any sort of chicken/turkey without brining it first. Once you try this recipe, you won't either. This is my standard brine that I use most often. This allows me to add any flavoring, dry rub, or sauce to my chicken without competing with the brine flavors.

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How to Brine a Chicken So It s Nice and Juicy

There are many types of chicken to brine. You can of course brine a whole chicken, or you can brine just chicken thighs, legs, breasts, or wings. Brining chicken wings before frying or baking means moist, well-seasoned wings. Chicken breasts are smaller cuts and brine quickly, perfect for weeknight meals.

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How to Brine Chicken Breast Easy for Best Juicy Recipe

Combine salt and water in a stainless steel, glass or food-safe plastic bowl. The amount of salt and water needed depends on how much chicken you want to brine. Follow the ratio of 3 tbsp. of salt for every 1 qt. of water--the goal is to have enough bring to cover the pieces of chicken fully.

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